

# Biking Kilimanjaro

# Our experience your advantage - Reach the summit

Individuelle Radreise von Kili Bike Adventures

# 210363

**■** 7 Tage / 6 Nächte

Unterkunft: Hotel, Pension oder Haus

Teilnehmerzahl: ab 1 Kindertauglich: nein

#### Anreise 2024

täglich: 01.01. bis 31.03.2024 und 01.06. bis

31.10.2024









Highlights: Cycling on Mt Kilimanjaro

Whether you actually reach the summit depends almost exclusively upon one factor: Your acclimatization. Our whole itinerary is geared towards one single day, that is to say, summit day.

A lot of the time we will have to push the bikes. Riding them would theoretically be possible but it would use far too much energy. We need to save most of this for the day of the summit...when we will have a climb of 1200m. There is more than enough time for this, as we will set off shortly after midnight. As a reward for reaching the summit we have a compulsory souvenir photo in store for you as well as a nearly 5000m descent. You're guaranteed to be talking about this for a long time afterwards.

The Kilema Mountain bike trail runs parallel with the Marangu route. The Kilema route is mainly used as an access road by vehicles to bring supplies to the Horombo hut and to evacuate medical emergencies from Horombo hut. The route from Kilema gate to Horombo hut is a 4 x 4 gravel road, which is usually in a fair condition.

The Kilema route with first night at the Kilema camp option, is shorter, less strenuous and involves more mountain biking, compared to the Kilema route option with the first night at Mandara hut. However it is more expensive, as the first night is spend camping in tents and the rest of the nights are spend in the Marangu route's A-frame huts.

## **Itinerary**

## Day 1 Kilema Gate (1950m) - Horombo hut (3705m)

Cycling time: Approximately 5 to 6 hours

Distance: Approximately 16 km

Habitat: Montane forest

Horombo hut (3705m) - Kilema camp (2950m)

Cycling time: 30 minutes

Distance: Approximately 7 km

Habitat: Moorland

Meet your guide and embark on your transfer to the Marangu gate, which takes about 45 minutes. The journey passes through the village of Marangu, which is located on the lower slopes of the mountain. Once you reach the park gate, all hikers are required to register at the Park office. After signing-in and registering at the Marangu gate, we drive to the Kilema gate.

Upon arrival you will ensure that you have all your daypack items (containing at least drinking water, your lunch





pack and extra clothing) and do a final check on your mountain bike. You will then start the first route section of 16km, (with your guide also on a mountain bike) from the Kilema gate (1 950m) to the Horombo hut (3 705m) on a 4×4 track. Bikers with good fitness levels, mountain biking skills and subject to road conditions, will be able to cycle all the way to Horombo hut.

It is important to remember that the biggest cause of altitude sickness is ascending too high too quickly. We will be stopping regularly and to give your body the maximum time to adjust to the higher altitudes. We will aim to reach Horombo hut at around 15:00pm.

We will stop at Horombo Hut for a short break, before commencing on a downhill cycle to Kilema camp.

Descending approximately 800m over 7km, the track has a lot of loose rocks and it is important to control your speed and avoid unnecessary risks!

Upon arrival your porters will have your tent set up at camp and in the evening bring a small bowl of washing water to your tent. The cook will prepare dinner, before you retire to your tent for the night. Night temperatures can already drop to freezing point at this camp.

#### Day 2 Kilema camp (2950m) - Horombo hut (3705m)

Cycling time: 2 to 3 hours

Distance: Approximately 7 km

Habitat: Moorland

Horombo hut (3705m) - Zebra Rocks (4 040m) - Horombo hut

Cycling time: 1 hour up and 20 minutes down

Distance: Approximately 2 km up and 2 km down

Habitat: Moorland

After breakfast, make sure your duffel bag are packed and we cycle from the Kilema camp to Horombo hut. The trail is steep and has a lots of loose rocks at certain areas. Horombo hut is a village of huts perched on a small plateau, with a total capacity of 120 climbers! Normally bustling with hikers, guides, porters and with an atmosphere of adventure and excitement. You will meet both ascending and descending hikers here.

We arrive in time for a late lunch at Horombo hut. After lunch collect our bikes and go for an 1,5 hour acclimatization cycle up to Zebra rocks (4 040m) and back.

Enjoy dinner and overnight at Horombo hut.

Day 3 (Acclimatisation day - cycle high and sleep low) Horombo hut (3 705m) - Kibo hut (4 730m) - Horombo hut (3 705m)





Cycling time: 4 to 5 hours up and 1 hour down

Distance: 9.6 km up and 9.6km down

Habitat: Alpine desert

After an early breakfast, meet your guide and start your ascent into the Alpine desert habitat. The first 3 km of the trail is very rocky and cycling will be very difficult as this section is very stony and eroded. You will be forced to push and carry your bike for some sections, but after about 3km the trail improves and cycling will once again be possible.

The "Saddle" (which refers to the area located between the peaks of Mawenzi and Kibo) is relatively flat and cycling is much easier. However high altitudes, low oxygen levels and cold conditions make the 7km section towards Kibo hut strenuous and challenging.

The final km before reaching Kibo hut is especially strenuous. You will once again be reminded to slow down and drink enough water! Upon arrival to at Kibo hut lunch will be served.

After lunch we will embark on an awesome Kilimanjaro Mtb downhill, descending nearly 800m over 7km. The final 3km descend down to Horombo hut is very technical and challenging.

Dinner and overnight at Horombo hut.

#### Day 4 Horombo hut (3705m) - Kibo hut (4730m)

Cycling time: 4 to 5 hours

Distance: Approximately 9.6 km

Habitat: Alpine desert

Early wake and make sure your duffel bags are packed and ready to go. After breakfast, meet your guide and we head back up to Kibo hut. Again the first 3km would require you pushing and carrying your bike a lot, with the final 7km to Kibo hut offering a good biking trail.

We will enjoy lunch and then aim to rest. At around 16h00 depending on how you feel it is possible to hike partially up the summit path to orientate yourself for the summit attempt later that night.

Situated in the barren Alpine desert is Kibo hut, a stone build block house which has bunk beds for 60 climbers, but no streams with water nearby. There are platform toilets behind the hut.

The summit (Uhuru Peak) is now a further 1195m up and you will make your final ascent the same night. Prepare your equipment, thermal clothing etc for your summit bid. This should include the replacement of your headlamp and camera batteries and make sure you have a spare set available as well. To prevent freezing it will be wise to carry your water in a thermal flask.

Go to bed at round about 19h00 and try to get as much rest and sleep as possible, until 22h00





# Day 5 (The summit night) Kibo hut (4730m) - Uhuru Peak (5895m) - Kibo hut (4730m)

Cycling time: 7 to 8 hours to reach Uhuru Peak, 3 to 4 hours to descend to Kibo hut,

Distance: Approximately 5.4km ascent and 31 km descent

Habitat: Stone scree and ice-capped summit

You will rise around 22h00, and after some tea and biscuits you shuffle off into the night, and this is where the going really gets tough. The first section of the trail consists of a rocky path to the Hans Meyer Cave (5150m), also a good resting spot. The path then zigzags up to Gillman's point (5 681m), which is located on the crater rim. The section just before Gillman's point known as "Jamaica rocks" is very steep with a lot of stone scree, boulders requiring a great physical and mental effort.

From Horombo hut up to Gillmans point the trail cannot be cycled and you will have to push your bike up to the Jamaica rocks, however from Jamaica rocks to Gillmans point, you will have to carry your bike (or if you are not up to it - arrange for a porter to carry your bike). With oxygen levels close to 9.5%, this is probably the most demanding section of the entire route. You will be doing the Kilimanjaro shuffle and move very slowly.

From Gillman's Point the trail can be cycled again and you will normally encounter snow all the way up to Uhuru peak (5895m), the highest point in Africa. Depending on snowfall, mountain bikers with high fitness levels and expert technical mountain biking skills, will be able to cycle most of the trail from Gillman's Point to Uhuru peak. Total exhilaration and satisfaction - you made it. Weather conditions on the summit will determine how long you will be able to spend, taking photographs, before the 3 hour descent back to Kibo hut.

Again, mountain bikers with expert technical cycling skills, should be able to cycle from Uhuru peak to Gillmans' point. It is impossible to ride the first section from Gillman's point down to Kibo hut. Cycling will only be possible for the final 1 to 2 km before reaching Kibo hut.

Upon arrival to Kibo Hut enjoy a late breakfast and then pack your gear in your duffel bag for the porter to carry down.

Kibo hut (4730m) - Kilema gate (1950m)

Cycling time: 3 hours

Distance: 25 km.

You will then embarked on the world's ultimate downhill mountain bike rollercoaster ride:

Starting at Kibo hut at 4730m you will descend down to the Kilema gate 1 950m - distance approximately 31km, descend approximately 3 000m in only 3 hours!





# Pricing for Biking Kilimanjaro(per person)

1 Person 2470 USD

2-3 Persons 2300 USD

4-5 Persons 2270 USD

6-9 Persons 2230 USD

10 Persons and more 2100 USD





## Leistungen

- Private transport to & from Kilimanjaro International Airport to your accommodations in Moshi.
- 2 nights of accommodation in Moshi
- Mountain Bikes & Helmets
- All transfers to the mountain and back to your Moshi hotel
- Professional & experienced mountain bike guides
- Guides, Porters, Cook salaries and park fees
- Quality, waterproof, four-season private mountain sleeping tents
- Sleeping Mattress
- All meals while on the Mountain
- Quality Mess tents with table and chairs
- Large portions of fresh, healthy, nutritious food
- Clean, purified drinking water
- · Crisis management and safety procedures
- Fair and ethical treatment of porters
- Conservation fees
- Hut fees
- Rescue fees & Camping fees
- VAT (18% charged by the Government)
- Portable oxygen tanks & ox meter
- Kilimanjaro National Park Certificate for your successful summit attempt

#### Zusatzkosten

- Tip for the Crew (Much appreciated)
- Laundry service
- Entry visa for Tanzania
- Health requirements (Yellow Fever only compulsory if you travel to Tanzania via a Yellow Fever infected country, Meningitis & Hepatitis A remains optional, but comes recommended)
- Optional but highly recommended travel and medical insurance

## **Anreise und Basis-Preise 2024**

auf Anfrage täglich: 01.01. bis 31.03.2024 und 01.06. bis 31.10.2024

